



Psychology Assessment / Treatment Funding Guide

PRIVATE HEALTH FUNDS

We are registered with most private health funds. Please contact your health fund to see if rebates are available for Psychology sessions. Items codes are 100 and 200 initial assessment and subsequent therapies.

MEDICARE FUNDING OPTIONS

MHCP or BAMH (Better Access to Mental Health Care Plan)

This is a plan set up by your GP. It provides rebates for 10 sessions a year provided by an eligible allied health care professional (including psychiatrists, psychologists, occupational therapists, or social workers). The mental health difficulties covered under the scheme are:

- Anxiety, phobias, and depression
- Behaviour problems
- Difficulties in controlling emotions (including anger)
- Sleep problems
- Concentration and attention problems
- Bed-wetting and other toileting problems
- Obsessive Compulsive Disorder
- Developmental Disorders including Autism Spectrum Disorder

HELPING CHILDREN WITH AUTISM PROGRAM

A child can be referred by a consultant paediatrician or psychiatrist for the following allied health services:

- Up to four diagnostic / assessment services from psychologists, speech pathologists, occupational therapists, audiologists, optometrists, orthoptists or physiotherapists to assist the referring practitioner with diagnosis or to contribute to a child's treatment and management plan (for a child under 13 years of age).
- Up to twenty treatment services from psychologists, speech pathologists, occupational therapists, audiologists, optometrists, orthoptists or physiotherapists (for a child under 15 years of age, providing a treatment and management plan is in place before their 13th birthday).

These are the total number of services available to each child through the Helping Children with Autism program – not an annual entitlement.



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Allied Health

Assistance with diagnosis/contribution to a treatment plan*

MBS items for allied health assessment and treatment of autism/PDD

82000	Psychologist
82005	Speech pathologist
82010	Occupational therapist
82030	Audiologist, optometrist, orthoptist, physiotherapist

* Prerequisite MBS items: 110-131 (paediatrician) or 296-370 (psychiatrist).

Treatment services**

MBS items for allied health treatment of children with autism/PDD

82015	Psychologist
82020	Speech pathologist
82025	Occupational therapist
82035	Audiologist, optometrist, orthoptist, physiotherapist

** Prerequisite MBS items: 135 (paediatrician) or 289 (psychiatrist).

Enhanced Primary Care Plan (EPC)

Patients with a chronic condition receive funding for up to 5 allied health professionals services including up to 2 allied health sessions a year for Psychology after MHCP 10 sessions have been exhausted. GP referral and care plan is necessary. <http://www.health.gov.au/epc>

NDIS FUNDING

This funding is available to children and adults who qualify for funding support under the National Disability Insurance Scheme (NDIS). The NDIS is a new way to help people under the age of 65 years with a disability. Participants must have a permanent disability that fits the NDIS rules. Eventually NDIS Funding will replace FaHCSIA funding. For more information, go to www.NDIS.gov.au or call 1800 800 110.

Please note this guide is a reference only. Please refer to the governing agency websites for further clarification.

Wavelengths Allied Health

www.wavelengths.com.au

Psychology / Occupational Therapy / Speech Therapy / Dietitian / Osteopath